SPEECH AUDIOMETRY: NONSENSE MONOSYLLABIC LISTS IN MODERN GREEK

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Abstract

Background: The purpose of the present study was to develop a nonsense suprathreshold speech audiometry test for native speakers of Modern Greek. The specific aims were to construct phonemically balanced lists of nonsense monosyllables and to perform a preliminary investigation of list equivalence.

Material and Methods: Nonsense monosyllables with possible CV, VC, and CVC phonemic combinations in Greek were chosen as stimuli. To examine list equivalency, the final recorded lists were administered monaurally in 5 dB increments to 40 adults (20 males and 20 females) whose hearing was within normal limits.

Results: A nonsense monosyllabic speech audiometry test for speakers of Modern Greek has been developed. The test material consists of two lists, each of which contains 50 open-set monosyllabic combinations. The lists satisfied the criteria of equal phonemic balance, composition of Modern Greek speech, phonemic differentiation, and equal average difficulty. Statistical analysis of the results revealed no statistical significant differences among the lists at the 0.05 level.

Conclusions: These findings suggest that the test is a useful tool for clinical purposes.

Key Words: nonsense • speech audiometry • suprathreshold • phonemic balance

AUDIOMETRÍA DEL HABLA: LISTAS DE MONOSÍLABOS SIN SENTIDO EN GRIEGO MODERNO

Abstracto

Antecedentes: El objetivo del presente estudio fue desarrollar una prueba de audiometría de reconocimiento supraumbral del habla sin sentido para los hablantes nativos de griego moderno. Los objetivos específicos fueron construir listas fonémicamente equilibradas de monosílabos sin sentido y llevar a cabo una investigación preliminar de equivalencia de las listas.

Material y Métodos: Como estímulos se eligieron monosílabos sin sentido con posibles combinaciones fonémicas de CV, VC y CVC en griego. Para examinar la equivalencia de las listas, las listas definitivas registradas fueron administradas de modo monaural en incrementos de 5 dB a 40 adultos (20 hombres y 20 mujeres) cuya audiencia estaba dentro de los límites normales.

Resultados: Se ha desarrollado una prueba de audiometría basada en monosílabos sin sentido para los hablantes de griego moderno. El material de prueba consta de dos listas, cada una de las cuales contiene 50 combinaciones monosilábicas. Las listas cumplen los criterios del equilibrio fonémico igual, la composición del habla en griego moderno, la diferenciación fonémica y dificultad media igual. El análisis estadístico de los resultados no reveló diferencias estadísticamente significativas entre las listas en el nivel de 0,05.

Conclusión: Estos resultados sugieren que la prueba es una herramienta útil para fines clínicos.

Palabras claves: sin sentido • audiometría del habla • supraumbral • balance fonémica

РЕЧЕВАЯ АУДИОМЕТРИЯ: БЕССМЫСЛЕННЫЕ ОДНОСЛОЖНЫЕ СПИСКИ В СОВРЕМЕННОМ ГРЕЧЕСКОМ ЯЗЫКЕ

Резюме

Предпосылки: Цель этой исследовательской работы – это проведение теста по бессмысленной надпороговой речевой аудиометрии на носителях греческого языка. Специальные задачи – создать фонематически гармоничные списки бессмысленных слогов, а также провести предварительное исследование равнозначности списков.

Материалы и Методы: В качестве стимулов выбраны бессмысленные слоги с возможными фонематическими CV, VC, и CVC структурами на греческом языке. Чтобы проверить равнозначность списков, для 40 взрослых (20 мужчин и 20 женщин) с нормальным слухом были монаурально представлены последние записанные списки при повышении интенсивности на 5 дБ.

Результаты: Проведен аудиометрический речевой односложный тест на носителях современного греческого языка. Материал теста состоял из двух списков, каждый из которых содержал 50 односложных сочетаний открытого состава. Списки соответствуют критериям одинакового фонематического равновесия, построения современного греческого языка, фонематической дифференциации и одинаковой средней сложности. Статистический анализ результатов не открыл никаких статистических значительных разниц среди списков на уровне 0.05.

Заключение: Полученные данные показывают, что тест это полезный для клинических результатов инструмент.

Ключевые слова: бессмысленный • речевая аудиометрия • надпороговый • фонематическое равновесие

Background

The benefits of speech audiometry are well documented and have made speech audiometry a standard part of a complete diagnostic evaluation of hearing disorders, hearing aid fitting, and aural rehabilitation for almost all audiologists (Martin et al., 1994). It provides more information regarding a person's hearing impairment than pure-tone audiometry alone. The audiogram provides a general description of the magnitude of a person's hearing loss; however, it does not always adequately portray the communication difficulties an individual may experience or the person's aural rehabilitation needs.

There are two fundamental speech diagnostic tools used routinely in a complete audiological evaluation (CAE): speech recognition threshold (SRT) testing and word recognition score (WRS) testing. The purpose of SRT testing is to find the lowest level of hearing for speech at which 50% of the speech material is correctly recognised. The purpose of WRS testing is to determine the approximate suprathreshold level at which an individual can correctly understand and repeat a list of words (ASHA, 1988).

Although various speech materials are used to obtain each of these measurements with maximum accuracy, today most SRTs and WRSs are obtained with the use of spondaic and monosyllabic words respectively. However, testing materials differ among languages because of differences in phonetic, syntactic, and semantic rules (Carhart, 1951). For instance, an inadequate number of monosyllables with semantic content exist in the Modern Greek language. Therefore, bisyllables are used for WRS testing (Trimmis et al., 2006; Iliadou et al., 2006).

Other types of speech materials used primarily in aural rehabilitation applications and research are nonsense syllables that have been used as a means of assessing a patient's ability to discriminate between phonemes of spoken language (Brad, 2010). These nonsense syllable tests are probably the most sensitive approach for examining the details of a patient's speech recognition difficulties because of the sensitivity to minimal hearing loss (Gelfand, 2001). Their lack of intelligibility increase the difficulty of the task to the listener (Martin, 1997). Also, nonsense monosyllables are appropriate for amplification assessment and aural rehabilitation treatment programs, since they permit a detailed analysis of the phonemic errors made by the listener. They have the advantage that each phoneme can be scored individually, which is important in hearing aid assessment and rehabilitation. In addition, they ensure that vocabulary and memory effects are reduced (Martin, 1997; Gelfand, 2001). The City University of New York Nonsense Syllable Test (CUNY-NST) (Resnick, et al., 1975; Levitt & Resnick, 1978), the Nonsense Syllable Test (NST) (Edgerton & Danhauer, 1979), and the ORCA Nonsense Syllable Test (Kuk et al., 2010) are three carefully developed and widely known tests of this type.

In Greece, speech audiometry is becoming an established clinical procedure due to the development of new tests (Trimmis et al., 2006; Iliadou et al., 2006; Trimmis et al., 2007; Trimmis et al., 2008). Thrasyvoulou & Marinakis (2010) applied the new WRS tests (Trimmis et al., 2006; Iliadou et al., 2006) on 125 patients with different types and degrees of hearing loss. They reported that speech tests played an important role in differential diagnosis. However, speech audiometry has not been used in the areas of hearing aid fitting and aural rehabilitation due to the limited number of materials. No studies are available on this subject. Recently, Trimmis et al. (2009) developed a nonsense bisyllable test of speech sound discrimination consisting of 5 lists with 50 CVCV bisyllables in each list without semantic content in Modern Greek. They found that the test is easy and reliable to administer and

	Phonemes IPA Symbol	Frequency Everyday speech (%)	List 1 Frequency (%)	List 2 Frequency (%)
1	a	12.26	11.71	11.71
2	е	10.40	9.91	9.91
3	i	14.25	13.51	13.51
4	0	9.49	8.11	8.11
5	u	2.50	1.80	1.80
6	r	4.18	3.60	3.60
7	θ	1.11	0.90	0.90
8	δ	2.04	1.80	1.80
9	b	0.26	0.90	0.90
10	d	0.54	0.90	0.90
11	ts	0.11	0.90	0.90
12	tz	0.02	0.90	0.90
13	р	4.36	4.50	4.50
14	m	3.69	3.60	3.60
15	f	1.28	0.90	0.90
16	V	0.88	0.90	0.90
17	t	7.54	7.21	7.21
18	Z	0.54	0.90	0.90
19	S	7.68	7.21	7.21
20	n	6.17	6.31	6.31
21	g	0.12	0.90	0.90
22	l	2.77	2.70	2.70
23	k	2.62	2.70	2.70
24	Х	0.60	0.90	0.90
25	¥	0.74	0.90	0.90
26	C	1.79	1.80	1.80
27	Ç	0.88	0.90	0.90
28	j	0.98	0.90	0.90
29	λ	0.11	0.90	0.90
30	η	0.10	0.90	0.90

Table 1. Frequency of occurrence of phonemes in Modern Greek spoken language (Trimmis, 2006) and frequency of nonsense lists 1 and 2.

score. However, monosyllables are known to be less redundant when compared to bisyllables or multisyllables (Martin, 1997).

Considering the limited number of materials for performing speech audiological tests in the Modern Greek language for rehabilitative applications, the purpose of the present study was to develop a nonsense monosyllabic suprathreshold speech audiometry test for native speakers of Modern Greek. The specific aims of the present study were to construct phonemically balanced lists of nonsense monosyllables, to digitally record the lists, to perform a preliminary investigation of interlist equivalence on normal hearing subjects, and to compare recognition scores of nonsense monosyllables, nonsense bisyllables, and bisyllabic words.

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List 1				List 2			
IPA	Modern Greek	IPA	Modern Greek	IPA	Modern Greek	IPA	Modern Greek
tas	τας	pit	πιτ	sat	σατ	iθ	ιθ
tan	ταν	θi	θι	nat	νατ	ði	δι
sa	σα	ip	ιπ	ra	ρα	bi	μπι
ar	αρ	lð	ιδ	ла	λια	tsi	τσι
ba	μπα	di	ντι	ŋa	νια	ik	ικ
dza	τζα	pim	πιμ	γa	γα	il	ιλ
ра	πα	if	ιφ	ак	ακ	ig	ιγκ
am	αμ	nis	νις	nap	ναπ	sir	σιρ
tal	ταλ	li	λι	fa	φα	iz	ιζ
ka	κα	ni	νι	va	βα	sit	σιτ
aγ	αγ	si	σι	ар	απ	nim	νιμ
са	κα	gi	γκι	at	ατ	it	ιτ
ça	χια	vi	βι	nas	νας	is	ις
sen	σεν	nit	νιτ	nes	νες	mip	μιπ
et	ετ	or	ορ	er	ερ	ot	οτ
sem	σεμ	90	δο	eð	εδ	СО	ко
je	γιε	on	ον	de	ντε	ço	χιο
ze	ζε	tso	τσο	dze	τζε	јо	γιο
let	λετ	ро	πο	el	ελ	хо	χο
ek	εκ	om	ομ	ре	πε	ok	ок
ex	εχ	ολ	λιο	ер	επ	lo	λο
en	εν	ko	ко	met	μετ	son	σον
es	ες	COS	κιος	te	τε	SO	σ0
ηe	νιε	ut	ουτ	em	εμ	un	ουν
ri	ρι	ru	ρου	ir	ιρ	си	κιου

Table 2. The two nonsense monosyllabic lists.

Methodology and Materials

1. Development of the lists

The following criteria were adopted for the selection of list items:

Phonemic balance

A phonemically balanced list is one in which the occurrence or frequency of the phonemes approximate the spoken language from which the phonemes are derived. The purpose of this balance is to increase the validity of the test for predicting real-life speech perception (Martin et al., 2000). The phonemes appear in the test material with similar relative frequency as that in everyday speech (Table 1). It was impossible to produce a test with the same frequency due to the limited number of phonemes in each list. Each phoneme changes the phonemic balance by 0.90% (see Table 1). Test lists are regarded as interchangeable if each has the same phonemic balance (Martin et al., 1997).

Phonemic differentiation

Every syllable in each list should not be easily confused with another syllable in the same list. Therefore, there is a minimum difference of one phoneme between the monosyllables in each list.

Nonsense syllables

Nonsense syllables with possible CV, VC, and CVC phonemic combinations in Modern Greek were chosen as stimuli (Table 2). All nonsense phonemic combinations were

dB HL —	Li	List 1		List 2		Two-sample t-test for mean comparison	
	Mean	Standard Deviation	Mean	Standard Deviation	<i>t</i> -test	<i>p</i> -value	
0	0.40	0.50	0.35	0.49	0.29	0.7715	
5	2.60	2.30	2.65	2.28	-0.08	0.9350	
10	7.95	3.62	7.50	2.74	0.47	0.6459	
15	15.50	5.33	15.40	4.39	0.07	0.9420	
20	25.20	7.16	25.00	5.20	0.12	0.9024	
25	36.40	5.77	33.95	5.34	1.72	0.1013	
30	41.40	4.57	39.75	4.51	1.57	0.1333	
35	45.30	2.75	44.20	2.82	1.96	0.0649	
40	47.15	1.79	46.75	2.10	0.78	0.4424	
45	48.10	1.41	48.30	1.59	-0.47	0.6446	
50	49.00	0.97	48.90	1.21	0.30	0.7663	
55	49.35	0.99	49.50	0.89	-0.55	0.5906	
60	49.55	0.99	49.60	0.82	-0.20	0.8409	
65	49.65	0.99	49.65	0.67	0.00	1.0000	
70	49.75	0.64	49.65	0.67	0.57	0.5770	
75	49.85	0.37	49.70	0.66	1.00	0.3299	
80	49.85	0.37	49.85	0.49	0.00	1.0000	
85	49.85	0.37	49.85	0.49	0.00	1.0000	
90	49.85	0.37	49.85	0.49	0.00	1.0000	
95	49.85	0.37	49.85	0.49	0.00	1.0000	
100	49.85	0.37	49.90	0.31	-0.57	0.5770	

 Table 3. Means and standard deviations for the two lists per 5 dB for men, and t-tests and p-values for the two-sample t-test for comparing two means of two independent groups (N=20 for each group).

selected from a large pool of data for everyday speech represented by a phonemic analysis of 102,934 words obtained from 100 television and radio shows from the national Hellenic broadcasting station (Trimmis et al., 2006). Thus, the content of the lists was representative of the phonemic combinations of Modern Greek spoken language. No one of the syllables selected in the final lists carries a semantic content in Modern Greek.

2. Recording of material

Speaker

Initial recordings were made using 3 female professional speakers. All spoke the standard Modern Greek dialect and the performance of each one of them was evaluated by two native judges (speech therapists) based on standard dialect, articulation, vocal quality, and fluency. Talkers were asked to speak at a natural rate with normal intonation

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patterns. The highest ranked female speaker was chosen to be the speaker of the final recordings.

Recordings

All 100 words were recorded in an isolated soundproof booth located at the Technological Institute of Patras campus in the Speech and Hearing clinic which meets ANSI standards for maximum permissible ambient noise levels for uncovered ears (American National Standards Institute, 1999). An AKG model C-1000-S condenser microphone positioned at optimum distance, a FireWire Solo sound card interfaced to a PC computer, and a digital signal processing software (Adobe Audition Version 1) were used for all recording and editing tasks. Each digitised word (sampling frequency 44.100 kHz, single channel, 16-bit resolution) was placed in a unique file for further editing. Each file was edited using Adobe Audition software for noise elimination, for

dB HL —	Li	List 1		List 2		Two-sample <i>t</i> -test for mean comparison	
	Mean	Standard Deviation	Mean	Standard Deviation	t-test	<i>p</i> -value	
0	0.30	0.57	0.20	0.41	0.70	0.4936	
5	1.65	1.87	1.70	1.75	-0.11	0.9169	
10	7.25	3.40	8.10	3.29	-0.99	0.3366	
15	15.75	5.79	15.20	5.42	0.54	0.5940	
20	24.85	7.52	24.45	6.78	0.35	0.7293	
25	32.70	9.00	32.95	8.44	-0.30	0.7707	
30	41.10	6.63	39.90	6.68	1.37	0.1864	
35	45.00	4.24	44.50	4.26	1.04	0.3092	
40	46.70	2.36	47.00	2.13	-0.56	0.5840	
45	47.95	1.73	47.95	1.85	0.00	1.0000	
50	48.65	1.14	48.75	1.12	-0.29	0.7764	
55	48.95	1.00	49.20	0.95	-0.77	0.4490	
60	49.15	0.88	49.45	0.83	-1.00	0.3299	
65	49.15	0.88	49.70	0.73	-1.93	0.0690	
70	49.50	0.69	49.75	0.72	-1.04	0.3092	
75	49.55	0.69	49.75	0.72	-0.81	0.4283	
80	49.60	0.60	49.75	0.72	-0.65	0.5266	
85	49.60	0.60	49.80	0.70	-0.89	0.3847	
90	49.65	0.58	49.80	0.70	-0.68	0.5054	
95	49.70	0.47	49.90	0.31	-1.45	0.1625	
100	49.70	0.47	49.95	0.22	-2.03	0.0563	

Table 4. Means and standard deviations for the two lists per 5 dB for **women**, and *t*-tests and *p*-values for the twosample *t*-test for comparing two means of two independent groups (*N*=20 for each group).

minimising the silence before and after the stimulus item, and for equalisation.

3. Interlist equivalence

Participants

A total of 40 subjects (20 male and 20 female) participated in evaluating the nonsense monosyllabic combinations. All participants (average age 26.2 years; SD 1.89) were monolingual native speakers of Modern Greek and had no reported histories of otologic or speech and language problems. All exhibited pure tone air-conduction and bone-conduction thresholds of \leq 15 dB HL at octave frequencies from 250 Hz through 8000 Hz and static acoustic admittance between 0.3 and 1.4 mmhos with peak pressure between -20 and +40 daPa (ASHA, 1990). Their speech reception thresholds were \leq 20 dB HL. All Participants volunteered to take part in this study and were not financially compensated for their participation.

Procedure

Custom software was used to randomly regroup the monosyllables in each list for presentation to the next level or subject. One list was presented at each hearing level.

All testing was done in a soundproof chamber that exceeded standards for ambient noise level for audiometric rooms. The signal was routed from a PC to the external input of an Orbiter 2000 clinical audiometer. The stimuli were routed from the audiometer to the subject via supraaural TDH-49 headphones. Prior to testing each subject, the inputs to the audiometer were calibrated to 0 VU using the 1 kHz calibration tone. Each list was presented monaurally (right ear) starting at 0 dB HL and ascending in 5 dBHL steps. The subjects were not familiarised with the monosyllables prior to testing. Prior to administration of the nonsense lists, appropriate instructions were given to the participants.

Table 5. Means and standard deviations for men and women per 5 dB for both lists together, and *t*-tests and *p*-values for the two-sample *t*-test for comparing two means of two independent groups (men *versus* women, *N*=20 for each group).

dB HL —	N	Men		Women		Two-sample t-test for mean comparison	
	Mean	Standard Deviation	Mean	Standard Deviation	<i>t</i> -test	<i>p</i> -value	
0	0.38	0.49	0.25	0.49	1.14	0.2593	
5	2.63	2.26	1.68	1.79	2.08	0.0404	
10	7.73	3.18	7.68	3.33	0.07	0.9454	
15	15.45	4.82	15.48	5.54	-0.02	0.9829	
20	25.10	6.18	24.65	7.07	0.30	0.7626	
25	35.17	5.63	32.83	8.61	1.44	0.1532	
30	40.58	4.56	40.50	6.60	0.06	0.9530	
35	44.75	2.81	44.75	4.20	0.00	1.0000	
40	46.95	1.93	46.85	2.22	0.21	0.8307	
45	48.20	1.49	47.95	1.77	0.68	0.4960	
50	48.95	1.08	48.70	1.11	1.02	0.3124	
55	49.43	0.93	49.08	0.97	1.65	0.1038	
60	49.58	0.90	49.30	0.85	1.12	0.7276	
65	49.65	0.83	49.43	0.84	1.02	0.9392	
70	49.70	0.65	49.63	0.70	1.18	0.6052	
75	49.78	0.53	49.65	0.70	1.74	0.0876	
80	49.85	0.43	49.68	0.66	2.36	0.0086	
85	49.85	0.43	49.70	0.65	2.31	0.0104	
90	49.85	0.43	49.73	0.64	2.25	0.0130	
95	49.85	0.43	49.80	0.41	1.11	0.7475	
100	49.88	0.33	49.82	0.38	1.32	0.3898	

Results

Two lists of nonsense material were developed, each containing 50 items with possible CV, VC, and CVC combinations (Table 2). The lists satisfied the criteria of equal phonemic balance, composition of Modern Greek speech, phonemic differentiation, and equal average difficulty. Statistical analysis of the results was performed by executing *t*-tests for every hearing level.

Statistical analysis of the men in our sample revealed that there were no statistically significant differences (p<0.05) in their performances on List I and List II, as shown in Table 3.

The statistical analysis of the women in our sample revealed that there were no statistically significant differences (p<0.05) in their performances on List I and List II, as shown in Table 4.

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The statistical analysis for both List I and List II together revealed that there were some statistically significant differences (p<0.05) between men and women, as shown in Table 5. The differences appear at the 5, 80, 85, and 90 dB hearing levels (dB HL).

Comparison of recognition scores for the different type of speech stimulus is displayed in Figure 1. It can be seen, as expected, that the bisyllabic word recognition curve is steeper than with nonsense material.

Discussion

No more than two lists with 50 nonsense monosyllables were able to be developed due to the criterion of phonemic differentiation and the limited number of possible phonemes and phonemic combinations. All monosyllables selected were low in redundancy, thus keeping the number of phonemes as low as possible. Phonemes are



Figure 1. Monaural mean percent correct recognition scores for each type of stimulus (nonsense monosyllables, nonsense bisyllables, bisyllabic words).

the least and sentences the most redundant type of item. Intelligibility curves suggest that the higher the redundancy, the fewer the acoustic cues needed to recognise a stimulus (Martin et al., 1997). Each list contains only 111 phonemes, making it possible to test outcomes based on phonemic scoring and therefore reducing variability of test scores based on the binomial model and increasing reliability of the test (Raffin & Schafer, 1980; Raffin & Thornton, 1980; Thornton & Raffin, 1978).

Results showed that there were no statistical significant differences between the two lists for both men and women with normal hearing (Tables 3 and 4). However, differences at the 0.05 level were found between men and women for both lists at 5, 80, 85, and 90 dB HL (Table 5). It can be argued that these findings are probably due to the small number of participants and suggest that further investigation is required with larger number of subjects with normal hearing and different types and degrees of hearing loss. This will lead to an assessment of the reliability and validity of the lists.

In the present study, the test was presented to listeners in quiet and patients responded in an open-set format. However, in future studies, the test can also be presented in noise at different signal-to-noise ratios (SNRs), and in a low-pass filter condition with different cut-off frequencies. In addition, a closed-set format can also be used for special situations when an open-set format is not applicable, such as in the case of geriatric patients with memory difficulties or children.

The nonsense monosyllables and nonsense bisyllables (Trimmis et al., 2009) were found to result in significantly poorer recognition scores than the bisyllabic words with semantic content (Trimmis et al., 2006). These findings are similar to those noted in previous studies (Kirk et al., 2000;

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Jamieson, 2004; Zakrzewski, 1975; Woods et al., 2010). However, an interesting finding is that nonsense monosyllables revealed steeper functions than the nonsense bisyllables (Figure 1), which is in contrast with speech stimuli that carries semantic content. The more phonemes and the more acoustic redundancy that characterise a word, the more easily it is recognised (Martin et al., 1997).

Although nonsense material has not been widely used in clinical evaluation of hearing impaired patients due to the complexity involved in scoring the subject's responses and the difficulty an untrained listener may have in repeating nonlinguistic stimuli (Martin et al., 1997), a strong correlation was found between the number of NST errors and hearing loss (Butts et al., 1987). Also, excellent predictive relationships were found between total NST errors and a weighted pure-tone average for slight to marked sensorineural hearing loss (Butts et al., 1987).

The results of the present study demonstrate that this nonsense monosyllabic test appears to be a useful additional tool for clinical purposes in the areas of aural rehabilitation since improved speech recognition remains the primary goal of hearing aid selection. In addition, all rehabilitative programs contain phoneme recognition training. If future results demonstrate sufficient reliability and validity, then the test can be used by both the clinical and research audiologist for evaluation of new training techniques and devices within the scope of rehabilitation.

Conclusions

Phonemically balanced lists of nonsense monosyllables have been constructed and preliminary investigation of the lists have confirmed their equivalence. Future research to prove clinical usefulness is planned.

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48

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